

MIDWEST YOUTH TEAM TENNIS



COST
\$75

REGISTER FOR WAUKESHA'S MIDWEST YOUTH TEAM TENNIS PROGRAM AT:
www.MidwestTeamTennis.com

Registration Ends June 1, 2009

Ages 5-10 ● Everyone Plays ● Balanced Teams
Open Registration ● Positive Coaching ● Good Sportsmanship

WHAT IS MIDWEST YOUTH TEAM TENNIS:

Midwest Youth Team Tennis has been developed to give children the opportunity to play tennis as a team sport just like other sports. The Midwest Youth Team Tennis program uses the QuickStart Tennis play format.

WHAT IS QUICKSTART TENNIS:

The QuickStart format includes modified, age appropriate 36' and 60' courts, racquets and tennis balls. It allows for even the youngest participants to establish control and rally during their matches. For more information, please visit www.quickstarttennis.com.

ABOUT THE USTA:

The mission of the USTA/Midwest Section is to "promote and develop the growth of tennis", focusing on the establishment of programs for individuals of all ages and skill levels without regard to race, creed, color or national origin. The USTA/Midwest Section promotes health, character, fair play, sportsmanship and social responsibility through tennis.

WHO CAN PLAY:

The Waukesha Midwest Youth Team Tennis program is for girls and boys ages 5-10. Whether or not your child has ever held a racquet, there's a spot on the team for them.

LEAGUE SEASON:

Six weeks of matches and practices will be held on Tuesdays and Wednesdays from June 23 - July 29. Practices will be held on Tuesdays & matches will be played on Wednesdays, both from 8:00 to 8:45 a.m. The Waukesha Midwest Youth Team Tennis program will be held at Heyer Park located at 1209 Heyer Drive, Waukesha, WI 53186.

WHY PLAY TENNIS: Tennis is a lifetime sport that has been shown to develop discipline and work ethic as well as teach teamwork and social skills. Tennis also helps improve aerobic and anaerobic fitness levels, increase speed and agility, develop strength and flexibility and refine eye-hand and overall body coordination.

BECOME A VOLUNTEER:

Parental participation is necessary to the success of this program. Expert training will be provided to all parents interested in becoming a volunteer coach during a QuickStart Tennis Recreational Coaches Workshop on Wednesday, June 3rd from 4-7 pm at Sherman Park.

CONTACT INFORMATION:

For more information, please contact Greg Alft at (262) 951-6779 or alfty_11@hotmail.com.

YOU WILL RECEIVE... Team Uniform - Foam Ball - Age Appropriate Tennis Racquet
PLUS EVERY PLAYER IS ENROLLED IN ACE'S KIDS CLUB AND RECEIVES....
Water Bottle - Sweat Band - Tattoo - Activity Book - Birthday Card

BROUGHT TO YOU BY:

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**Waukesha Tennis
Association**
www.waukeshatennis.org